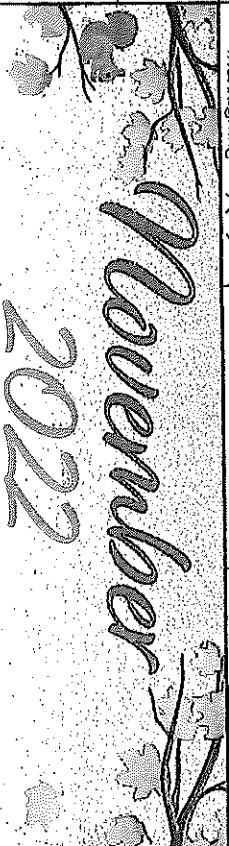


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Quote for the Month: Gratitude is a powerful catalyst for happiness. It's the spark that lights a fire of joy in your soul.</p> <p>Activities & Activity Times are Subject to change. *Ask Staff for Assistance W/Activity Cupboard</p>						
TURN CLOCKS 6 BACK 9:00 Ch.8 Catholic Mass 10:30 Ch.10 Lutheran Church Service 2:30 Name That Song W/Samantha	7 9:00 1:1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 U Tube Videos 2:30 Candy Bar Bingo 4:30 Ch.10 Jeopardy *6:30 Act. Cupboard	8 9:00 1:1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Fun W/Crafts 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	9 9:00 1:1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 LRC Game 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	10 9:00 1:1 Visits 10:00 Church (Panning) 1:00 Reminiscence 2:30 Happy Hour 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	11 9:00 Fancy Nails 1:30 Raising of Flag/Anthem 2:30 Veterans Hallway Parade/ Social 4:00 Ch.36 Big J polka *6:30 Act. Cupboard <i>Veterans Day Remembrance Day (Canada)</i>	12 2:30 Cider & Donuts W/Samantha *6:30 Activity Cupboard
9:00 Ch.8 Catholic Mass 10:30 Ch.10 Lutheran Church Service 2:30 Social W/Tina	13 9:00 1:1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo 4:30 Ch.10 Jeopardy *6:30 Act. Cupboard	14 9:00 1:1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Dessert Social 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	15 9:00 1:1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 Root Beer Floats 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	16 9:00 1:1 Visits 10:00 Church (Panning) 1:00 Reminiscence 2:30 Resident Council 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	17 9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch.36 Big Joe Polka Show *6:30 Activity Cupboard	18 2:30 Dessert W/Tina *6:30 Activity Cupboard
9:00 Ch.8 Catholic Mass 10:30 Ch.10 Lutheran Church Service 2:30 Social W/Tina	19 9:00 1:1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo 4:30 Ch.10 Jeopardy *6:30 Act. Cupboard	20 9:00 1:1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Thanksgiving Reminiscence 4:30 Ch.10 Jeopardy *6:30 Act. Cupboard	21 9:00 1:1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 Cookie Making 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	22 9:00 1:1 Visits 10:00 Church (Panning) 1:00 Reminiscence 2:30 Social W/Wanda 	23 9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch.36 Big Joe Polka Show *6:30 Activity Cupboard	24 2:30 Pumpkin Dessert W/Wanda *6:30 Activity Cupboard
9:00 Ch.8 Catholic Mass 10:30 Ch.10 Lutheran Church Service 2:30 Music W/Wanda	25 9:00 1:1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo 4:30 Ch.10 Jeopardy *6:30 Act. Cupboard	26 9:00 1:1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Fun W/Crafts 4:30 Ch.10 Jeopardy *6:30 Activity Cupboard	27 9:00 1:1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Music/Records 2:30 THE CHENGs 4:30 Ch.10 Jeopardy 6:30 Act. Cupboard	28 9:00 1:1 Visits 10:00 Church (Panning) 1:00 Reminiscence 2:30 Social W/Wanda 	29 9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch.36 Big Joe Polka Show *6:30 Activity Cupboard	30 2:30 Pumpkin Dessert W/Wanda *6:30 Activity Cupboard



Wilber Care Center Skilled Nursing

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:00 Ch. 8 Catholic Mass 10:30 Ch. 10 Lutheran Church</p> <p>2:30 Music W/Wanda</p>	<p>5</p> <p>9:00 1-1 Visits 10:00 Book Club & Exercise W/Kris</p> <p>10:00 Mingle W/Tina 1:00 U Tube Videos 2:30 Candy Bar Bingo 4:30 Ch. 10 Jeopardy *6:30 Act. Cupboard</p>	<p>6</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Sing-along 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>7</p> <p>9:00 1-1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 String Popcorn 2:30 Root beer Floats 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>8</p> <p>9:00 1-1 Visits 10:00 Church (Panning) 1:00 Reminisce 2:30 Birthday Party 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>9</p> <p>9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch. 36 Big J polka Show *6:30 Act. Cupboard</p>	<p>10</p> <p>2:30 Hot Cocoa Social W/Samantha *6:30 Activity Cupboard</p>
<p>11</p> <p>9:00 Ch. 8 Catholic Mass 10:30 Ch. 10 Lutheran Church Service</p> <p>2:30 Social W/Samantha</p>	<p>12</p> <p>9:00 1-1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo 4:30 Ch. 10 Jeopardy *6:30 Act. Cupboard</p>	<p>13</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Fun W/Crafts 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>14</p> <p>9:00 1-1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 LRC Game 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>15</p> <p>9:00 1-1 Visits 10:00 Church (Panning) 1:00 Reminisce 2:30 Resident Council 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>16</p> <p>9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch. 36 Big J Polka Show *6:30 Activity Cupboard</p>	<p>17</p> <p>2:30 Dessert W/Wanda *6:30 Activity Cupboard</p>
<p>18</p> <p>9:00 Ch. 8 Catholic Mass 10:30 Ch. 10 Lutheran Church Service</p> <p>2:30 Music W/Wanda</p>	<p>19</p> <p>9:00 1-1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo 4:30 Ch. 10 Jeopardy *6:30 Act. Cupboard</p>	<p>20</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking Hour 2:30 Dessert Social 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>21</p> <p>9:00 1-1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:30 Cookie Making 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>22</p> <p>9:00 1-1 Visits 10:00 Church (Panning) 1:30 Christmas Movie 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>23</p> <p>9:00 Fancy Nails 1:00 Meditation 2:30 Christmas Bingo 4:00 Ch. 36 Big J Polka Show *6:30 Activity Cupboard</p>	<p>24</p> <p>2:30 Pumpkin Dessert W/Tina *6:30 Activity Cupboard</p>
<p>9:00 Ch. 8 Catholic Mass 10:30 Ch. 10 Lutheran Church Service</p> <p>2:30 Social W/Tina</p>	<p>25</p> <p>9:00 1-1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo *6:30 Act. Cupboard</p>	<p>26</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking hour 2:30 Games 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>27</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking hour 2:30 Games 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>28</p> <p>9:00 1-1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 Scrabble 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>29</p> <p>9:00 1-1 Visits 10:00 Church (Panning) 2:00 Fun W/Crafts 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>30</p> <p>9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch. 36 Big J Polka Show *6:30 Activity Cupboard</p>
<p>9:00 Ch. 8 Catholic Mass 10:30 Ch. 10 Lutheran Church Service</p> <p>2:30 Social W/Tina</p>	<p>26</p> <p>9:00 1-1 Visits 10:00 Book Club & Exercise W/Kris 10:00 Mingle W/Tina 1:00 Funny Videos 2:30 Candy Bar Bingo *6:30 Act. Cupboard</p>	<p>27</p> <p>9:00 1-1 Visits 10:00 Games W/Tina 10:00 Mingle W/Kris 1:00 Joking hour 2:30 Games 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>28</p> <p>9:00 1-1 Visits 10:00 Trivia W/Kris 10:00 Mingle W/Tina 1:00 Music/Records 2:30 Scrabble 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>29</p> <p>9:00 1-1 Visits 10:00 Church (Panning) 2:00 Fun W/Crafts 4:30 Ch. 10 Jeopardy *6:30 Activity Cupboard</p>	<p>30</p> <p>9:00 Fancy Nails 1:00 Meditation 2:30 Big Bingo 4:00 Ch. 36 Big J Polka Show *6:30 Activity Cupboard</p>	<p>31</p> <p>2:30 New Year's Eve Social W/Wanda *6:30 Activity Cupboard</p>

Handukoh Begins
Kwanzaa Begins
Christmas
New Year's Eve

Wilber Care Center Skilled Nursing *Ask Staff for assistance W/Activity Cupboard. Activities & Activity Times are Subject to Change.