



# News From Activities

It crazy to think that it is 2022. Last year came and went in a blink of the eye. Thanksgiving and Christmas seem to be favorites for most of the residents. Thanksgiving is a good time to look back and realize what we are all thankful for. A traditional Thanksgiving meal was served which is always a treat to get all the fixings when someone else is making it.

Just like last year Christmas looked a little different this year. We still were able to partake in some of the resident favorites. Getting to see the facility transfer into a Christmas Wonderland brings a smile to the residents face. They did partake in decorating a majority of the trees, putting our Christmas Village up and listening to Christmas music over and over. And of course Santa paid us all a visit. We all reminded him we had been good this past year hoping to get everything we all wanted for Christmas.

We continue to follow all of the guidelines set by CDC during our activities. We continue to encourage families to visit and also follow the rules that are stated upon entry into the building. Residents also love to receive mail. We encourage all of you to drop a card or a note in the mail for your loved one. Getting mail brightens everyone's day.

We wish you all a happy and safe New Year. Lets all continue to do our part to stop the spread of Covid.

Activities Department: Brandy Garrison  
Kris Crawford and Donna Bolte



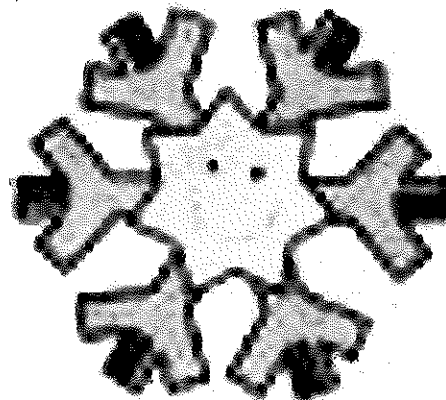
# News From The Administrator

I hope everyone had a blessed holiday season and was able to spend time with their friends and family. On that note I want to remind everyone that if you bring clothing in for a resident, please let a staff person know so that we can make sure it gets marked. This will ensure that the items are returned to the resident after laundering them.

Covid cases continue to be elevated. We are continuing to work hard to find the balance between allowing residents their freedom to do things like have visitors and leave the facility at the same time making sure that all of the residents remain free of Covid. We as always work to educate staff on how to stay safe while at work and off duty. Thanks to everyone's hard work this facility has been blessed to experience relatively low numbers of Covid cases.

One last reminder, if you have any questions or concerns please make sure to ask. We will do our best to answer those questions and resolve those concerns.

I hope everyone has a happy 2022!



# News From Dietary

Holidays have come and gone, hope everyone had a joyous holiday season. We did a few different things this year with our meals.

## Lunch Christmas Eve

Prime Rib, Baked Potatoes, Salad and Cheesecake. Chicken Noodle Soup was offered as an alternate.

## Christmas Eve Supper

Clam Chowder or Chicken Rice Soup, Meat and Cheese Crackers, Jell-O and Sugar Cookies.

## Christmas Lunch

Traditional Meal of turkey, Ham, Mashed Potatoes, Gravy, Corn, Cranberry Relish and Cherry Pie topped with ice cream.

## New Years Eve Lunch

Windsor Loin, Baked sweet Potatoes, Broccoli and Cauliflower, Strawberry Angel Food Cake and Dinner Roll.

All meals were served with plenty of wine if they desired to have some. Hopefully this year is a year of change for the better as we all need it.

If you ever have any questions or concerns, please feel free to call me anytime.

We want to wish you all a Happy New Year!!

Chris and the entire Dietary Staff



# EMPLOYEE SPOTLIGHT NURSING HOME

## February

## January

### Heather Anthony



**Where were you born and raised?** I was born in David City and raised in Geneva NE.

**School/Education:** Graduated from Geneva. Have an Associates Degree in Graphic Design/Illustration from Creative Center in Omaha.

**Married/Children:** Married Heath in 2001 and have 3 kids Sami (18), Mackenzie (15) and Ben (11)

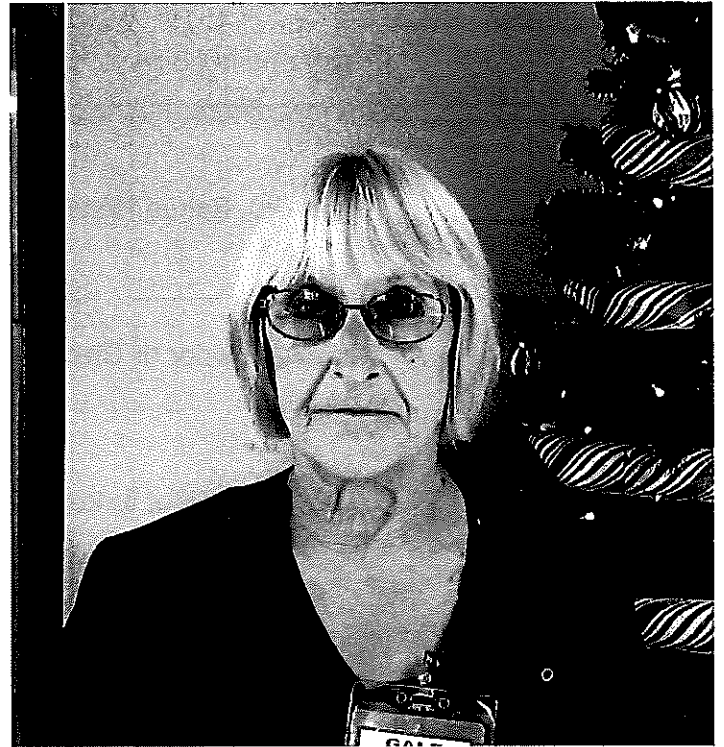
**Hobbies, what do you do in your free time?** Water Color Paint, Crafts, Reading and watching Science Fiction shows and I love Crime Documentaries.

**How Long have your been at the Wilber Care Center?** 2 Years this Dec. 18th

**What's your favorite part of working at the Wilber Care Center?** Working with all my co-workers and getting to know the residents.

**What's one thing on your bucket list?**Go to Ireland,

### Gale Zach



**Where were you born and raised?** I was born in Crete and was raised on a farm north of Western.

**School/Education** I went to school at Wilber and graduated mid-term in 1977.

**Married/Children:** I have been married to Curt for 44 years. I have 2 kids Josh and Jessica. I have a grandson Hank and 2 step grand kids Noah and Ella.

**Hobbies, what do you do in your free time?**

I like to walk and spend time with my kids and grand kids.

**How Long have your been at the Wilber Care Center?** 41 Years

**What's your favorite part of working at the Wilber Care Center?** I consider them family. You get to listen to their stories and how life was for them in the early years.

**What's one thing on your bucket list?** To see the Ocean.